

Safety Guidance for Round the Borough Bike 2020

- Generally this is an off-road route but please be aware that in some places you will need to ride along the road for short distances so please take extra care at these points.
- The route is not suitable for road bikes so please choose your bike carefully.
- Please wear suitable clothing and footwear appropriate to the weather conditions on the day.
- We encourage all participants to wear a fitted helmet whilst taking part in the Round the Borough Bike event and to use a bell to warn other users that you are approaching them.
- The event is not a race so please go at your own comfortable pace.
- Be aware of other cyclists, pedestrians, golfers and horse riders that may also be using the route. With specific reference to horse riders, we recommend for your own safety that you stop, dismount and stand quietly whilst the horse-rider passes by.
- **Please note there is a short section of the route when you reach Bourne Hall Park where all cyclists must dismount and walk through as cycling is not permissible through the park. A volunteer marshal will be there to remind you.**
- Be aware of uneven ground and please go steady round corners and where the path narrows.
- Please be aware that you will be cycling near to a golf course as you approach the Downs so take care of golfers playing near-by.
- Toilets are located in Horton Country Park, in Ewell Court Tea Rooms, in Nonsuch Park near the Mansion House and on Epsom Downs along Tattenham Corner Road.
- First Aid will be provided and they will be positioned up on the Downs near to the Downskeepers Hut. He will be mobile so if you need first aid assistance please call one of the event team: **Sam Beak 0771 33 22 952 or Lilley Kennedy 0787 28 41 396. In a life threatening situation please call 999 immediately.**
- There will be a limited amount of water available at the start and finish so please ensure you bring your own.

- As you are riding the route there will be some volunteers at 16 key points along the way. Please say hello to them so they know you are part of the event. Make sure your Round the Borough Bike band is clearly displayed on the front of your handlebars. This allows us to stand down volunteers once everyone has passed through a check point.
- If you decide for any reason that you won't be completing the course or that you intend to miss out a section of the course, can you please call 0771 33 22 952 or 0787 28 41 396 to let us know at which point you have left or which part you have missed out. This helps to ensure volunteers are not waiting to count you past their check point! Equally if you find yourself in any difficulty please give us a call and we'll get some assistance to you.
- We would ask that you keep your mobile phone with you and switched on in case we need to contact you.
- **Although you may have registered in advance, please ensure you sign in at Horton Country Park on the day so we know you are taking part in the event. Only those participants with a wrist band will be considered as part of the event.**
- Due to increasing popularity of this event we are having three allocated waves which you will have to the opportunity to sign up to as part of the registration process. The waves have been put in place to allow a more gradual start to the event and to avoid everyone starting at the same time. It is essential you arrive to the event during your allocated time slot to allow for a smooth process.
- To be considered as part of the event you must start in Horton Country Park.
- All participants must return or have otherwise contacted the Events Team by 5pm.